



NGK SPARK PLUGS

SUPER FORMULA  
FORMULA 2026 Rd.4 Rd.5 SUZUKA



5.23 Sat. 24 Sun.

2026年全日本スーパーフォーミュラ・ライツ選手権 第7戦・第8戦・第9戦

SUPER FORMULA LIGHTS 第7戦 公式予選

2026 / 5 / 22 :

 SUZUKA CIRCUIT  
Full Course 4-Wheels(5,807m)

個別ラップ表

Weather :Sunny  
Track :Dry

No	1	Best Time	1'50.837	188.612 km/h
Name	エヴァン・ジルテール/Evan Giltaire	Total Time	10'27.751	5 Laps
Team	ART Grand Prix with B-MAX	Average Lap Time	2'00.009	
Type	Dallara 320	Today's Rank	4 / 10	
		Today's Top Time	1'50.486	189.211 km/h

Lap	Passing Time	Lap Time	Sec1	Sec2	Sec3	Sec4	km/h
				20.811	44.947	24.842	224.082
1.	2'27.715						
2.	4'41.198	2'13.483 (4)	35.276	22.408	43.309	32.490	239.346
3.	6'32.533	1'51.335 (2)	30.260	18.198	41.871	21.006	240.000
4.	8'23.370	<b>B 1'50.837</b> (1)	29.987	18.119	41.765	20.966	240.658
5.	10'27.751 Pit	2'04.381 (3)	30.111	18.572	47.939	27.759	225.231



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SUZUKA CIRCUIT  
Full Course 4-Wheels(5,807m)

個別ラップ表

Weather :Sunny  
Track :Dry

No	2	Best Time	1'51.117	188.137 km/h
Name	ト部 和久/Kazuhisa Urabe	Total Time	10'36.167	5 Laps
Team	DELIGHTWORKS	Average Lap Time	1'56.431	
Type	Dallara 320	Today's Rank	5 / 10	
		Today's Top Time	1'50.486	189.211 km/h

Lap	Passing Time	Lap Time	Sec1	Sec2	Sec3	Sec4	km/h
				21.096	45.860	24.433	224.655
1.	2'50.440						
2.	4'56.963	2'06.523 (4)	33.199	19.639	43.341	30.344	232.997
3.	6'48.120	1'51.157 (2)	30.226	18.188	41.705	21.038	240.658
4.	8'45.050	1'56.930 (3)	32.889	19.423	42.909	21.709	239.346
5.	10'36.167	<b>B 1'51.117 (1)</b>	30.003	18.221	41.752	21.141	243.324



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SUZUKA CIRCUIT  
Full Course 4-Wheels(5,807m)

個別ラップ表

Weather :Sunny  
Track :Dry

No	3	Best Time	1'50.620	188.982 km/h
Name	三井 優介/Yusuke Mitsui	Total Time	10'39.923	5 Laps
Team	DELIGHTWORKS	Average Lap Time	1'58.172	
Type	Dallara 320	Today's Rank	2 / 10	
		Today's Top Time	1'50.486	189.211 km/h

Lap	Passing Time	Lap Time	Sec1	Sec2	Sec3	Sec4	km/h
				22.832	46.174	23.033	227.565
1.	2'47.234						
		2'05.884 (4)	33.922	20.310	43.446	28.206	238.049
2.	4'53.118						
		1'50.977 (2)	30.168	18.180	41.716	20.913	241.983
3.	6'44.095						
		<b>B 1'50.620</b> (1)	30.020	18.111	41.565	20.924	243.324
4.	8'34.715						
		2'05.208 (3)	31.265	18.979	45.163	29.801	242.652
5.	10'39.923 Pit						



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SUZUKA CIRCUIT  
Full Course 4-Wheels(5,807m)

個別ラップ表

Weather :Sunny  
Track :Dry

No	26	Best Time	1'51.581	187.354 km/h
Name	佐藤 凜太郎/Rintaro Sato	Total Time	10'18.693	5 Laps
Team	B-MAX ENGINEERING 324	Average Lap Time	1'56.964	
Type	Dallara 320	Today's Rank	9 / 10	
		Today's Top Time	1'50.486	189.211 km/h

Lap	Passing Time	Lap Time	Sec1	Sec2	Sec3	Sec4	km/h
				22.478	46.198	23.368	225.810
1.	2'30.834						
2.	4'43.523	2'12.689 (4)	32.962	20.778	43.844	35.105	189.719
3.	6'35.468	1'51.945 (3)	30.509	18.317	42.007	21.112	240.000
4.	8'27.049	<b>B 1'51.581</b> (1)	30.259	18.306	41.819	21.197	240.658
5.	10'18.693	1'51.644 (2)	30.214	18.253	42.035	21.142	240.000



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Full Course 4-Wheels(5,807m)

個別ラップ表

Weather :Sunny  
Track :Dry

No	35	Best Time	1'50.486	189.211 km/h
Name	梅垣 清/Kiyoshi Umegaki	Total Time	11'07.879	5 Laps
Team	モビリティ中京 TOM'S TGR-DC SFL	Average Lap Time	1'55.890	
Type	Dallara 320	Today's Rank	1 / 10	
		Today's Top Time	1'50.486	189.211 km/h

Lap	Passing Time	Lap Time	Sec1	Sec2	Sec3	Sec4	km/h
				22.612	47.196	24.767	229.347
1.	3'24.319						
2.	5'27.346	2'03.027 (4)	34.271	20.260	45.311	23.185	232.381
3.	7'26.592	1'59.246 (3)	33.457	19.830	43.971	21.988	227.565
4.	9'17.393	1'50.801 (2)	29.893	18.161	41.718	21.029	240.658
5.	11'07.879	<b>B 1'50.486 (1)</b>	29.869	18.027	41.600	20.990	241.983



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2026 / 5 / 22 :

SUZUKA CIRCUIT  
Full Course 4-Wheels(5,807m)

個別ラップ表

Weather :Sunny  
Track :Dry

No	36	Best Time	1'51.421	187.624 km/h
Name	オスカー・ブルツ/Oscar Wurz	Total Time	10'24.910	5 Laps
Team	PONOS Racing TOM'S TGR-DC SFL	Average Lap Time	1'57.851	
Type	Dallara 320	Today's Rank	7 / 10	
		Today's Top Time	1'50.486	189.211 km/h

Lap	Passing Time	Lap Time	Sec1	Sec2	Sec3	Sec4	km/h
				22.127	46.056	23.581	213.723
1.	2'33.503						
2.	4'45.395	2'11.892 (4)	33.299	19.954	44.287	34.352	210.144
3.	6'41.519	1'56.124 (3)	32.146	18.621	42.763	22.594	219.600
4.	8'33.489	1'51.970 (2)	30.410	18.257	42.092	21.211	240.000
5.	10'24.910	<b>B 1'51.421 (1)</b>	30.229	18.183	41.897	21.112	242.652



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2026 / 5 / 22 :

SUZUKA CIRCUIT

個別ラップ表

Weather :Sunny

Full Course 4-Wheels(5,807m)

Track :Dry

No	37	Best Time	1'51.262	187.892 km/h
Name	アakashイ・ボラ/Akshay Bohra	Total Time	10'29.876	5 Laps
Team	PONOS Racing TOM'S SFL	Average Lap Time	1'58.888	
Type	Dallara 320	Today's Rank	6 / 10	
		Today's Top Time	1'50.486	189.211 km/h

Lap	Passing Time	Lap Time	Sec1	Sec2	Sec3	Sec4	km/h
				21.803	45.401	23.045	232.997
1.	2'34.324						
		2'12.113 (4)	33.193	19.836	49.944	29.140	236.765
2.	4'46.437						
		2'00.764 (3)	32.230	18.970	47.503	22.061	217.965
3.	6'47.201						
		<b>B 1'51.262</b> (1)	30.200	18.280	41.819	20.963	242.652
4.	8'38.463						
		1'51.413 (2)	30.209	18.298	41.905	21.001	241.983
5.	10'29.876						



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SUZUKA CIRCUIT  
Full Course 4-Wheels(5,807m)

個別ラップ表

Weather :Sunny  
Track :Dry

No	38	Best Time	1'57.867	177.363 km/h
Name	鈴木 斗輝哉/Tokiya Suzuki	Total Time	9'49.864	4 Laps
Team	モビリティ中京 TOM'S TGR-DC SFL	Average Lap Time	1'59.319	
Type	Dallara 320	Today's Rank	10 / 10	
		Today's Top Time	1'50.486	189.211 km/h

Lap	Passing Time	Lap Time	Sec1	Sec2	Sec3	Sec4	km/h
				22.629	47.137	22.844	232.997
1.	4'00.035						
		<b>B 1'57.867</b> (1)	33.393	19.215	43.342	21.917	234.866
2.	5'57.902						
		(1'51.191)	30.112	18.205	41.731	21.143	238.696
3.	7'49.093						
		2'00.771 (2)	32.647	18.811	42.600	26.713	244.000
4.	9'49.864	Pit					



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2026 / 5 / 22 :

 **SUZUKA CIRCUIT**  
Full Course 4-Wheels(5,807m)

**個別ラップ表**

Weather :Sunny  
Track :Dry

No	<b>50</b>	Best Time	<b>1'50.728</b>	<b>188.798</b> km/h
Name	<b>新原 光太郎/Kotaro Shimbara</b>	Total Time	<b>10'25.946</b>	5 Laps
Team	<b>HFDP WITH B-MAX RACING</b>	Average Lap Time	<b>1'59.895</b>	
Type	<b>Dallara 320</b>	Today's Rank	<b>3 / 10</b>	
		Today's Top Time	<b>1'50.486</b>	<b>189.211</b> km/h

Lap	Passing Time	Lap Time	Sec1	Sec2	Sec3	Sec4	km/h
				21.412	45.783	24.101	232.997
1.	2'26.366						
		2'12.293 (4)	35.466	22.242	43.746	30.839	229.948
2.	4'38.659						
		<b>B 1'50.728</b> (1)	30.064	18.003	41.603	21.058	240.000
3.	6'29.387						
		1'50.943 (2)	29.942	18.047	41.832	21.122	239.346
4.	8'20.330						
		2'05.616 (3)	31.904	21.051	44.954	27.707	236.765
5.	10'25.946 Pit						

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2026 / 5 / 22 :

個別ラップ表

Weather :Sunny

Full Course 4-Wheels(5,807m)

Track :Dry

No	<b>60</b>	Best Time	<b>1'51.567</b>	<b>187.378</b> km/h
Name	<b>熊谷 憲太/Kenta Kumagai</b>	Total Time	<b>10'39.853</b>	5 Laps
Team	<b>LMcorsa OTG 320</b>	Average Lap Time	<b>1'53.556</b>	
Type	<b>Dallara 320</b>	Today's Rank	<b>8 / 10</b>	
		Today's Top Time	<b>1'50.486</b>	<b>189.211</b> km/h

Lap	Passing Time	Lap Time	Sec1	Sec2	Sec3	Sec4	km/h
				21.502	44.505	22.370	231.768
1.	3'05.626						
		1'58.967 (4)	31.995	19.599	42.952	24.421	234.866
2.	5'04.593						
		1'51.939 (3)	30.408	18.298	42.069	21.164	240.000
3.	6'56.532						
		1'51.754 (2)	30.254	18.247	42.062	21.191	240.658
4.	8'48.286						
		<b>B 1'51.567 (1)</b>	30.241	18.170	42.060	21.096	240.658
5.	10'39.853						



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SUZUKA CIRCUIT  
Full Course 4-Wheels(5,807m)

個別ラップ表

Weather :Sunny  
Track :Dry

No	6	Best Time	1'55.005	181.776 km/h
Name	KEN ALEX	Total Time	11'19.899	5 Laps
Team	BUZZ RACING	Average Lap Time	1'57.101	
Type	Dallara 320	Today's Rank	3 / 3	
		Today's Top Time	1'53.559	184.091 km/h

Lap	Passing Time	Lap Time	Sec1	Sec2	Sec3	Sec4	km/h
				23.848	47.043	24.004	232.381
1.	3'31.495						
		2'00.946 (4)	33.116	20.512	44.016	23.302	237.405
2.	5'32.441						
		1'56.892 (3)	32.134	19.491	43.117	22.150	238.049
3.	7'29.333						
		1'55.561 (2)	31.884	19.081	42.899	21.697	238.696
4.	9'24.894						
		<b>B 1'55.005 (1)</b>	31.568	19.006	42.836	21.595	238.049
5.	11'19.899						



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SUZUKA CIRCUIT  
Full Course 4-Wheels(5,807m)

個別ラップ表

Weather :Sunny  
Track :Dry

No	8	Best Time	1'53.559	184.091 km/h
Name	清水 康弘/Yasuhiro Shimizu	Total Time	10'10.274	4 Laps
Team	ART TASTE RACING 324	Average Lap Time	1'55.318	
Type	Dallara 320	Today's Rank	1 / 3	
		Today's Top Time	1'53.559	184.091 km/h

Lap	Passing Time	Lap Time	Sec1	Sec2	Sec3	Sec4	km/h
				20.867	45.623	23.960	229.347
1.	4'24.320						
		1'58.172 (3)	32.352	20.335	43.568	21.917	235.496
2.	6'22.492						
		1'54.223 (2)	30.945	18.736	42.838	21.704	236.765
3.	8'16.715						
		<b>B 1'53.559 (1)</b>	30.656	18.673	42.728	21.502	237.405
4.	10'10.274						



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SUZUKA CIRCUIT  
Full Course 4-Wheels(5,807m)

個別ラップ表

Weather :Sunny  
Track :Dry

No	30	Best Time	1'54.289	182.915 km/h
Name	DRAGON	Total Time	10'04.538	4 Laps
Team	B-MAX ENGINEERING 324	Average Lap Time	1'55.459	
Type	Dallara 320	Today's Rank	2 / 3	
		Today's Top Time	1'53.559	184.091 km/h

Lap	Passing Time	Lap Time	Sec1	Sec2	Sec3	Sec4	km/h
				21.349	45.315	22.399	226.977
1.	4'18.159						
		1'56.641 (3)	31.941	19.234	43.315	22.151	234.240
2.	6'14.800						
		1'55.449 (2)	31.307	19.341	43.093	21.708	236.129
3.	8'10.249						
		<b>B 1'54.289 (1)</b>	30.856	19.007	42.772	21.654	235.496
4.	10'04.538						